

Spoon Jackson  
B-92377

## HEAL

Like a heart  
That keeps giving  
I must keep believing  
In the power of healing

Sometimes I grind down  
So hard on my teeth  
I crack them during sleep  
I must wear a tooth guard  
At night

Sometimes A long and deep and deep  
Cry alone  
Or with A loved one  
Will open your eyes, your heart  
To the power of healing

Like A heart  
That keeps giving  
I must keep believing  
In the power of healing

Sometimes just a smile,  
A glance, A hug, a kiss  
Or A hello, will heal the soul.  
Sometimes A book, poem, a song,  
A letter, a dream, or loss  
Of a love one

Will open your eyes, your heart  
To the power of healing.  
Sometimes long silence,  
A stream, solitude, A tree  
A meadow, or long howl  
Or a swallows song  
Will open your heart  
To the power of healing,

I don't know what  
Or who I have not forgiven  
And I know there's  
Something that needs healing  
Like A heart that keeps giving

I must keep believing

I must keep believing  
In the power of healing.