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WordsUncaged Submission  
(Essay)

“Spiritual Awareness” (3/18/18)

What does spiritual awareness mean to me? It means the true nature of love, friendship, liberation, hospitality, kindness, and an extraordinary awareness.

This extraordinary awareness mentioned above is a life-long practice and a vision quest towards a spiritual awakening that can enable many to achieve a transcendent union with the divine. What one’s divine may be, these practices and knowledge, allow us in time, to merge with the god that resides in us all.

Spiritual awareness is that inner connection that links us to the laws of nature and everything tangible in our universe, once discovered, this connection, is a reawakening of how humanity fits into the cosmic scheme of things. For example, every living cell in our body functions just like our solar system does. In each individual cell, there is a nucleus, which here can be identified as the sun, and the atoms that surround the nucleus can be identified as planets circling around the sun. Every cell in our body is a replica of our solar system. Therefore, the force that moves our solar system is the same force that moves our bodies. Another example: The millions of cells in our body are like the billions of stars in our universe, all connected by the same elements called CHNOPS— carbon, hydrogen, nitrogen, phosphorus, sulfur. This combination of elements is called *life*. Life is the force of transformation that creates and transforms every living thing. This knowledge of elements can help bridge the gap and connect the human race to all things in our universe. Spiritual awareness can also enable us to find our proper place in the present. It can create a harmonious environment in which to grow in wealth, wisdom, and happiness. Spiritual awareness is about being alive, it is something that helps me find my way in life, and this way needs no other because I am at peace with whom I have become.

I believe we should always remember and be mindful that we are a part of nature, no matter how advanced we’ve become. We need to maintain that link that has defined our role in creation. I believe humanity is abandoning that role. If this separation from nature continues, it could be the end of our existence. What happens to nature happens to us; are we the next to become extinct? If so, this will only be due to our lack of awareness and our unwillingness to reach a higher state of consciousness. Wake up, Humanity! As a whole, I hope we can start embracing where we came from, rather than ignoring it.

R.S.