

Alternative to Violence (AVP)
Letter To My 13year old Self

Hello Lou,

I am writing you to say congratulations; you've just been accepted into the UCLA undergraduate program. You are really doing well in school. I know Jr. High is a new experience and life seems to be moving very fast right now. The new environment, new teachers, and trying to meet new friends will sometimes appear to be difficult. Trust is a big thing for you. Everyone around you seems to have a group or some form of belonging, and I know right now you feel like an outcast. Just keep concentrating on school and basketball.

I say this because you do not know it but you will begin to get involved in some things that are not in your best interest. This will happen because of the teasing you are now experiencing because of your thin frame and the way you dress. I am telling you these things because I need you to know they do not really matter. You are fine just the way you are, and there is nothing wrong with you. You are probably wondering how I know so much about you. Well that is easy, I am you, only now we are 48 years old, sitting in prison on a double life sentence for the senseless, cowardice, and selfish act of murder against Avery John.

All this was fueled by the many false beliefs you will now begin to pick up. Lou, not only do you wind up in prison but along this road of destructive behavior you chose you'll be stabbed, shot, and become an alcoholic. Lou, I only wish you could have gotten this letter 35 years earlier and I am sure our life would have been different. Not to worry though, we are using this time to undo and remove those false ideologies not only for ourselves but also for helping other men here do the same. We have finally removed that mask we created so long ago for what we thought was our protection. Anyways Lou I love you and I'm sorry it took so long to see the light.

Yours Truly,
Your Future

Self

By,
Mr. Louis

Crosby